

昂步棧道 Ngong Ping Charity Walk 2013



International Exchange Program Ngong Ping Charity Walk 2013 – International Team

Program Content

Hong Kong Youth Hostels Association (HKYHA) introduces the International Exchange Program aiming at raising recognition to Hong Kong culture and awareness of environmental conservation. We welcome participants all over the world to enjoy every moment with us.

International groups and individuals are encouraged to attend HKYHA's fund-raising event, **Ngong Ping Charity Walk 2013 (NPCW 2013)**, on 20th January, 2013 at Ngong Ping, Lantau, Hong Kong. The funds raised from this walk will be used to further enhance HKYHA's current youth hostels, which serve as an international cultural exchange platform for our 30,000 local members and overseas visitors to Hong Kong.

NPCW is the only public activity authorized to use the Ngong Ping trail for a fund-raising charity walk. The event attracted more than 1,500 participants and 500 volunteers last year. NPCW 2013, the sixth year of the event, is expected to have 2,000 participants to support this meaningful community activity, as well as to spend a day out-door for physical challenge or family enjoyment.

主辦機構 Organizers



協辦機構 Co-organizer



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1) Program Content

Experiencing hostels culture and city lives in Hong Kong, as well as participating NPCW 2013 event. (Itinerary are shown on Appendix I)

2) Accommodations

Staying over at Jockey Club Mt. Davis Youth Hostel, 19 - 21 January 2013



Address: 123, Mt Davis Road, Hong Kong Island

Tel: (852) 2788 1638

Email: info@yha.org.hk

Web: <http://www.yha.org.hk/md>

3) Meals

Breakfast will be included on Day Two (20 January 2013).

4) Transportation

Participants can take the free ride between Sheung Wan Shun Tak Centre and Jockey Club Mt. Davis Youth Hostel according to the regular shuttle bus schedule (see Appendix II). A special ride from Jockey Club Mt. Davis Youth Hostel to Hong Kong Station at 7am will be provided on 20 January 2013, so that participants can travel to event venue, Tung Chung, by MTR.

5) Travel Insurance

All participants are required to have full travel insurance on their own during their stay in Hong Kong.

6) Fee

Minimum donation of HK\$750 per person. [including one cable car ride (original fee \$86) and 1 ferry ride (original fee \$30)]

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7) Remarks

- 1) Wear hiking shoes or sports shoes for possible muddy roads.
- 2) Bring abundant clothes as the temperature may drop to 5- 6 degree Celsius when cold front arrives
- 3) Wear long sleeves shirts and trousers and put on insect repellents if necessary, such as anti-mosquito spay or sticker.
- 4) Personal travel insurance should be purchased in advance.

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Itinerary of International Exchange Program (19/ 1/ 2013 – 21/ 1/ 2013)

Day 1 : 19/ 1/ 2013 (Sat)

Time	Activities
Afternoon	Arrive hostel (check-in starting 4pm)
Evening	Dinner (Self-catering)
8:00pm – 10:00pm	Briefing for Ngong Ping Charity Walk 2013

Day 2 : 20/ 1/ 2013 (Sun)

Time	Activities
06:00am – 06:45am	Breakfast (Pack luggage / check-out if needed)
07:00am – 07:30am	Travel to Hong Kong MTR Station by shuttle bus
07:30am – 08:15am	Travel to Tung Chung from Hong Kong MTR station by MTR
08:15am – 08:30am	Visit Conversation Street (TBC)
08:00am – 08:30am	Registration
09:00am – 09:30am	Opening Ceremony of Ngong Ping Charity Walk 2013
09:30am	<p>The walk starts, (Route Map, Appendix III)</p> <p><u>11km Leisure route (Brand new “Sky-Land-Sea” routing):</u> (Around 5 hours) Tung Chung Citygate Outlet > Ngong Ping 360 (Cable Car) > Ngong Ping Village(Check Point 3) > Ngong Ping Road > Sham Wat Road > Sham Wat Wan (Check Point 5) > San Shek Wan > Sha Lo Wan Pier (Ferry) (Check Point 6) > Tung Chung Wan Pier > Tung Chung Citygate Outlet</p> <p><u>17 km Competition route:</u> (Around 7 hours) Tung Chung Citygate Outlet > Wong Ka Wai > Shek Mun Kap (Check Point1) > Tei Tong Tsail > YHA Ngong Ping SG Davis Youth Hostel > Ngong Ping Village (Check Point3) > Ngong Ping 360 Rescue Trail > Hong Kong Playground Association, Tung Chung Outdoor Recreation Camp (Check Point 4) > Tung Chung Citygate Outlet</p> <p><u>23 km Competition route:</u> (Around 8 hours) Tung Chung Citygate Outlet > Wong Ka Wai > Shek Mun Kap (Check Point1)</p>

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	> Tei Tong Tsai > Pak Kung Au (Check Point 2) > Lantau Peak > YHA Ngong Ping SG Davis Youth Hostel > Ngong Ping Village (Check Point 3) > Ngong Ping 360 Rescue Trail > Hong Kong Playground Association, Tung Chung Outdoor Recreation Camp (Check Point 4) > Tung Chung Citygate Outlet
Activities after Charity Walk	
After the walk	Individual activities

Day 3 & 4 : 21/ 1/ 2013 (Mon)

Individual activities. Check-out by 1pm on 21 January 2013

Photos of International Exchange Program



• Representatives of overseas YHA staffs



• YHA staffs promoted their local hostels



• The Charity Walk started



• Group photo of IEP applicants at Jockey Club Mt. Davis Youth Hostel

Ngong Ping Charity Walk 2013 Official Website: <http://npcw.yha.org.hk/eng/index.php>

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New Shuttle bus schedule for Jockey Club Mt. Davis Youth Hostel

Hostel → Shun Tak Centre	Shun Tak Centre → Hostel
07:45	10:00
09:30	11:00
10:30	12:00
11:30	14:00
13:30	17:00
16:30	18:00
17:30	20:30
20:00	21:30
21:00	22:30
22:00	

Remind:

- (1) For members and guests only.
- (2) When typhoon signal no.8 or black rainstorm signal is hoisted, our shuttle bus service will be suspended. The service will be resumed to normal in 2 hours after the signal is lowered.
- (3) For enquiry, please call 2817-5715 (hostel) or 2788-1638 (head office)

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Ngong Ping Charity Walk 2013 Route Map



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鑽石贊助 Diamond Sponsor



GIORDANO

- | | | | |
|------|----------------------------|------|-----------------------|
| CP 1 | 石門甲
Shek Mun Kap | CP 4 | 東涌灣
Tung Chung Bay |
| CP 2 | 伯公坳
Pak Kung Au | CP 5 | 深屈
Sham Wat |
| CP 3 | 昂坪市集
Ngong Ping Village | CP 6 | 沙螺灣
Sha Lo Wan |

- 健行23公里
23: Challenger
- 體驗17公里
17: Explorer
- 樂行11公里
11: Leisure

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