# Information Pack for the Erasmus+ Training Course



Thursday 24<sup>th</sup> of March – Saturday 02<sup>nd</sup> of April 2016 Slovenia

# WHAT IS THE COURSE ABOUT?

This project started from the desire to share with youth workers the pleasure of writing projects, alongside enthusiastic volunteers, volunteers who want to change something, but who need our help in order to be able to initiate this change.

"Write a project, improve your competencies" will bring together 22 Youth Workers, Youth Leaders, Trainers and Volunteers from the seven European organizations, in order to accomplish a main purpose of it: Increasing youth workers' competencies in writing and involving the youth in the writing of international projects. To reach this purpose, we set the following objectives:

- 1. Raise competencies regarding planning and writing of Erasmus+ projects, for 22 participants during duration of the project.
- 2. Develop abilities to identify and analyze needs of young people for the 22 participants, from the 7 partner countries, during duration of the project
- 3. Develop skills to motivate and involve young people in the writing youth projects, for the 22 participants, from the 7 partner countries, during duration of the project.
- 4. Develop self esteem of the 22 youth workers attending the project regarding writing and implementing European youth projects in their own community.
- 5. Develop brochure with necessary information how to write European youth projects and motivate young people to be involved in these activities.

# LEARNING METHODS AND ACTIVITIES

The participants will attend seminars covering non-formal methods of learning, based on learning-by-doing involve personal reflection, during the preparation of the project, as well as in implementing the activities, the evaluation phase and follow-up. The project will take place during an 8-month period (February- September 2016) in the course of which we expect our participants to work with as many young people and grow personally and professionally.

During the project, we will be working with 3 high schools in Slovenia, encouraging the sign-up of 45 alumni in activities involving motivating and writing projects, which will be leaded by youth workers. They will be working together for 10 days, in order to bond as a team, understand the concepts that are at the base of writing a project and to develop seven international projects of implicating young people in the community. These projects will be presented in high schools and libraries in Slovenia and other partner countries.

### **ARRIVAL AND DEPARTURE**

Thursday 24<sup>th</sup> of March is our "Arrival Day" – this means you are expected to arrive to project venue by 6pm at the latest.

Saturday O2<sup>nd</sup> of April is our "Departure Day" – there will be no training sessions or activities on this day. Breakfast will be provided, after which, all participants and training course staff must check-out and leave the accommodation before 11am.

### **ACCOMMODATION**

We are going to stay in the Youth Hostel Bovec
Klanc 27
5230 Bovec
+386 (0)70 133 551
bovec@youth-hostel.si
www.hostel-bovec.si

Detailed info how to get to Bovec you may find here

http://www.bovec.si/en/bovec/getting-to-bovec-and-around/public-transport/

### **ABOUT BOVEC**

Bovec is a small mountain pearl of Slovenia and of the Triglav National Park, it is located 136 kilometres (85 mi) from the capital Ljubljana, at an elevation of 434 m (1,424 ft). This pleasant little town, surrounded by high peaks of the Julian Alps (The Julian Alps have been recognized as an international biosphere reserve by UNESCO), is a paradise for all of you who wish to get away from the quick and busy city scene. The picturesque land of the emerald Soča river hides many remote corners where you will find your peace.

### PREPARATION AND WHAT TO BRING?

- Info about your NGO and Country. There'll be a special moment in which participants can present their sending organization and there countries, so you can do it orally or bring some materials such as PowerPoint presentations, leaflets, brochures, videos or any other promotional material. The way for you to present it is mainly up to you, but the main idea is for all of us to get to know better your organizations so that we can keep in touch and possibly cooperate in future projects.
- At least one laptops for one national group,
- Intercultural night. During one our first evenings together, you will have the opportunity to share with the group interesting things about the country you are representing. Whether you are 100% native, or have just been living there for a few weeks, we want to hear your thoughts and feelings about that culture. This is the time to find fun ways to share your country's culture, maybe through traditional food and drinks, modern music and dance, or anything else you can think of. We encourage you to bring famous food, drinks and snacks from your countries. We will have access to a refrigerator to keep things fresh, but we will not be able to cook anything hot.

# TRAVEL & HEALTH INSURANCE

It is a mandatory requirement for all participants to provide their own health insurance. This should cover you for the full duration of your time in the Slovenia.

You can use the free European Health Insurance Card (EHIC) to allow you access to public hospital treatment. Having this card means, you may be able to receive free medical treatment in the event of an emergency, but it is NOT guaranteed. Also, please be aware that the EHIC is NOT a travel insurance policy, it will not cover private health care, non-emergency health costs, or tickets to fly you back to your home country. To learn more, please go to ehic.europa.eu/

General travel insurance to cover the safety of your possessions, lost luggage, delays to flights, etc is NOT a mandatory requirement, but it is advisable.

# DIETARY, HEALTH, & OTHER SPECIAL REQUIREMENTS

Please inform us as soon as possible, if you have any food allergies or special dietary requirements so that we can inform the hotel caterers and so that they can prepare meals that are suitable for you.

If you have any others allergies (animals, fabrics, chemicals, etc.), need to take regular medications or foresee a need for general medicines during your time in the Slovenia (for example headache tablets, travel sickness pills, etc) please arrange to bring these yourself as we are unable to provide them for you.

If you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or that you feel may affect your participation in the training course activities, then please let us know what they are and how best to assist you.

# REIMBURSEMENT OF TRAVEL COSTS

This training course is financed by the Erasmus+ programme, meaning the costs related to food and accommodation will be completely covered by the hosting organization. Travel costs are refundable for participants who attend all the sessions, commit themselves fully to the activities and provide all ORIGINAL tickets, boarding passes and invoice emails. The maximum reimbursement per participant from each country is as follows:

| Slovenia  | O Euro   |
|-----------|----------|
| Bulgaria  | 275 Euro |
| Italy     | 275 Euro |
| Lithuania | 275 Euro |
| Poland    | 275 Euro |
| Romania   | 275 Euro |
| Spain     | 275 Euro |

### Note: Transfers by Taxi will not be refunded

# **CONTACT DETAILS & EMERGENCY NUMBERS**

If you have any further questions or require any other information before you travel please contact the hosting organization, or the contact person at your relevant Project Partner organization.

The training course coordinator and your official contact person whilst in the Slovenia is:

Vladica Savićević

Email: vladicasavicevic@hotmail.com

Mob: + 381612723266

If you have a health, safety or fire emergency whilst in the Slovenia, please immediately phone:

European Emergency Number: 112

### **ERASMUS+**

This training course has been co-funded by the Erasmus+ Program. If you would like to find out more about the program, please visit <a href="http://ec.europa.eu/programmes/erasmus-plus/">http://ec.europa.eu/programmes/erasmus-plus/</a>



