Argentina Hostel (Benicassim, Castellón, C. Valenciana, Spain)

EXCHANGE PROGRAM / HI CONNECT

The Spanish Youth Hostels Association -REAJ- and our hostels provide young people a unique opportunity for experiencing, living and working in another country where they will be able to improve their skills in an international environment.

- ✓ The host hostel provides participants free food and accomodation in a double room
- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel and health insurance (we advise that you purchase this before your visit) and personal spending money.

THE HOSTEL

The Hostel is housed in an old sailor-style building renovated in 2009, with a capacity of 144 places. Located in front of the beach, next to the promenade and 1.5 km. from the city center. Near cities: 13 km from Castellón and 70 km from Valencia.

The hostel has: Pools, living room, meeting room, multipurpose room, workshop classrooms, TV room, library, basketball and football courts, Wi-Fi

Participants will enjoy: single room with bathroom. Food: Breakfast, lunch and dinner, Mediterranean diet.



Reception, promotion and communication





LOCAL AREA

On foot or by bicycle: Ruta de la Villas, Greenway, Hiking Desert of Palms, Carmelite wineries.

By other means of transport: Peñíscola. Castellón de la Plana. Morella. Valencia.

Leisure activities: Caves of Sant Josep; With an underground river navigable, located in the Vall D'Uixó. Aquarama, water park in Benicàssim. School of Sail, next to the Hostel.

Musical Festivals:

- -FIB, Benicàssim International Festival
- -Rototom Sunsplash: the largest reggae meeting in Europe
- -International classical guitar competition: Francisco Tárrega





TRAVEL

Airports: Manises VALENCIA 70 km. // Costa de Azahar Castellon to 35 km.

By car: N-340 road; Motorway A-7, exit 46 (Castellón norte)

By Train: RENFE (We will pick you up at the station)

By Bus: Mediterranean company Castellón – Benicàssim

ANY QUESTIONS?

Please, get in touch with your sending organisation.





Ejea de los Caballeros Hostel

(Ejea de los Caballeros, Zaragoza, Aragón, Spain)

EXCHANGE PROGRAM / HI CONNECT

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel, personal spending money, and health insurance (we advise you to purchase it before your visit).

THE HOSTEL

Modern hostel located in the town of Ejea de los Caballeros (Zaragoza, Aragón).

We have 90 beds and we welcome children groups of camps and other kind of groups, including disabled people.

We like good cooking, healthy and natural. Food is one of the aspects best valued by our guests!

Participants will have:

- -Private single room with unsuited bathroom.
- -Homemade food prepared in the hostel.
- Free WIFI.



EXCHANGE DUTIES

The participant will help the hostel manager with the management of the hostel through the website and the email and will collaborate also in the promotion and dissemination in Spain and South of France.

At the same time, we'll try that the participant can participate in some of the activities that take place at the hostel with groups, so that his/her stay can be more satisfactory and profitable cultural and linguistic.





LOCAL AREA

The hostel is located within the town of Ejea, next to the sports city, hospital, supermarkets and 10 minutes from the summer pool, cafes, shops, etc.

Ejea de los Caballeros has about 17,000 inhabitants, it is a large town located 73km from Zaragoza. There are daily buses to spend the day off knowing the city and doing many cultural activities.

Ejea has a summer pool and cultural activities. Museums; *Aquagraria, Contemporary art, The Spiral*...

A few kms away there are places that can be visited for different reasons: cultural, tourist, Romanesque art...

We are young people managing the hostel and we would like that the stay in our hostel is the most rewarding. That's the reason why we will try to organize and propose a wide range of possibilities in your free time to make the most of your stay in Spain.

Tudela 39 km Sos del Rey Católico 55 km Pamplona 87 km Huesca 75km





TRAVEL

The nearest airport is is Zaragoza (70 km). The airport and the bus station are connected by a shuttle bus. At the bus station in Zaragoza there are different times every day to take the bus to Ejea de los Caballeros. We will pick you up at the Ejea bus station.

ANY QUESTIONS?

Please, get in touch with your sending organisation.





Florentino López Cuevillas Hostel

(Ourense, Ourense, Galicia, Spain)

EXCHANGE PROGRAM / HI CONNECT

The Spanish Youth Hostels Association -REAJ- and our hostels provide young people an unique opportunity for experiencing, living and working in another country where they will be able to improve their skills in an international environment.

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel, personal spending money, and health insurance (we advise you to purchase it before your visit).

THE HOSTEL

This hostel is a residence for students. It's located in the historic center of the city of Ourense, very close to the university campus. It depends on the General Directorate of Youth, Participation and Volunteering of the Ministry of Social Policy of the Galician Government.

There are double and single rooms with shared bathroom every two rooms.

It has also a kitchen, dining room, library, reception and two living rooms with TV and games.

In this video you can see the environment and the hostel residence inside:

https://www.youtube.com/watch?v=p_anHy1FbaM



- -Proposal and elaboration of menus
- -Reception and telephone assistance in Concierge
- -Attention in the dining room and help to waitresses
- -Help in laundry
- In addition to being able to interact with the students that stay in the residence







LOCAL AREA

The Residence is located in the heart of the city of Ourense, a city that enjoys a great wealth of monuments and which is known as the "City of Water" since it is a city of Burgas (hot springs) and through which it crosses the Rio Miño on which we can see 8 bridges, including the old Roman bridge.

It is a must visit Las Burgas, located in a beautiful garden in the heart of the city, three hot springs that reach temperatures above 60 degrees and also have therapeutic properties.

The hot springs of Outariz and Chavasqueira and Prexigueiro and the Pozas de Outariz and do Muiño das Veigas, all free of charge, are pools of hot thermal water that you can not miss. There is a train called "o tren das termas" that takes you from one to the other.

Other important monuments of Ourense are: The Cathedral of San Martín, where the Portico del Paraíso is located, the Roman bridge, the Millennium Bridge, the Garden of the Posío ...

And outside of Ourense we must not miss the nearby towns of Allariz and Ribadavia, Los cannons del Sil, the Monastery of Oseira ...





TRAVEL

The two closest airports to Ourense are those of Santiago and Vigo, from which you can reach Ourense by bus or by train.

ANY QUESTIONS?

Please, get in touch with your sending organisation.

La Florida Hostel (Alicante, Alicante, C. Valenciana, Spain)

EXCHANGE PROGRAM / HI CONNECT

The Spanish Youth Hostels Association -REAJ- and our hostels provide young people a unique opportunity for experiencing, living and working in another country where they will be able to improve their skills in an international environment.

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel and health insurance (we advise that you purchase this before your visit) and personal spending money.

THE HOSTEL

The hostel is located in Alicante, a touristic town, to 2 km. of the beach, and 1 km to the center of the town. The hostel has two blocks rooms, with 4th floors each one, a beautiful hall, one room of TV, a diining-room, cafeteria, laundry, gym and sports tracks. The main entrance has a nice garden and outsides places for relaxing.

You can stay in a single room with bathroom inside. The room has a bed, a table with chair, a wardrobe and the bathroom with shower.

The lunch is in the dinning room, there are timetables with differents dinners, you can ask a vegetarian menu o special menus (to Arabian people, persons with food allergy,..).

We have wifi in all our installations.





EXCHANGE DUTIES

You have to help in the reception of the hostel, especially cheking foreign people, so you must speak, at least, a little bit of Spanish and a good level of English.

LOCAL AREA

Alicante city has beaches, monuments and fantastic museums, bathed by the Mediterranean Sea, with a warm climate.

You have a bus in the door of hostel go to commercial area and the old town, with cathedral, ancient castle and nices buildings in The Explanada.

Alicante gives you all the Mediterranean to enjoy your favorite sports or just relax in the sun; San Juan beach, the Cabo de las Huertas coves, Almadraba beach, Albufereta Beach, El Postiguet beach, El Saladar Urbanova beach.

The Castle of Santa Barbara is the most visited monument in the city, one of Spain's largest mediaeval fortresses, providing great views of Alicante's.

You also can enjoy Alicante's cuisine Mediterranean: all kind of rices, tapas, fishes...





TRAVEL

The closest airport is El Altet airport (Alicante). The C.6 bus service runs between the airport terminal building and Alicante city centre every 20 minutes It also stops at the Renfe train station and Central Bus Station. We will pick you up at the train station.

The city also has a public transport network that serves the main points in the city and its surrounding areas. To go our hostel you have to take a bus (line 2 or 3).

ANY QUESTIONS?

Please, get in touch with your sending organisation.





La Marina Hostel

(Moraira-Teulada, Alicante, C. Valenciana, Spain)

EXCHANGE PROGRAM / HI CONNECT

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel, personal spending money, and health insurance (we advise you to purchase it before your visit).

THE HOSTEL

The hostel is located in a quiet area 500 meters from the beach and 1 kilometre from the city centre. It is divided into three country-style. It consists of 43 rooms with two and four beds in which each one has its own bathroom.

The Marina has a swimming pool and green areas, as well as a sports football and basketball court. It also has a cafeteria, dining room, TV room and equipped multipurpose rooms. The hostel has a free WIFI zone.

Participants will have a room with an independent bathroom. The hostel will provide breakfast, lunch and dinner. Both lunch and dinner have first and second courses with dessert.

EXCHANGE DUTIES

Participants will mainly perform the functions of the reception of the hostel. Among these functions are those of informing, helping and managing all the needs derived from customer service.

They can also be provided with training on the general management of the operation of the installation.





LOCAL AREA

Moraira is a coastal town of the Marina Alta. It is only 20 kilometres from Dénia and Calpe and only 30 from Benidorm.

The area where we are located is tourist and with all services. It has wonderful spaces for activities both nautical and mountain or bicycle. It emphasizes the great gastronomic, cultural and leisure variety.

In summer, Moraira is full of life and joy that is transmitted to all its visitors!



TRAVEL

The nearest airport is El Altet, in Alicante, at 70 Kilometres. Also nearby is Valencia which is about 130 kilometres away. The most used means of transport are train and bus, although they do not have a great frequency.

From the Hostel all the necessary information will be provided to be able to move around the area as well as help for it. Attempt to pick up the participant at the airport both on arrival and departure and in the case of not being able to go will be provided what is necessary for your arrival and departure.

ANY QUESTIONS?

Please, get in touch with your sending organisation.





Alberg LA VICTORIA (Alcudia, Mallorca, Belearic Islands Spain)

EXCHANGE PROGRAM / HI CONNECT

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
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The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel and health insurance (we advise that you purchase this before your visit) and personal spending money.

THE HOSTEL

The youth hostel is located 200m from the sea in a declared natural area of special interest. Its peculiar location between forest and sea makes the youth hostel an ideal place to enjoy nature and make any kind of outdoor activity. Besides its complete facilities make it an ideal place for meetings, courses, colonies, family vacations and others. Due to the youth hostel's location different activities could be practiced: Diving, Trekking, Cycling, Canoes and Paddle surf (subject to availability)

For participants: The maintenance includes three meals: breakfast, lunch and dinner. The room has a capacity for two (2 volunteers) with two beds, cupboards, a small lounge, fridge and bathroom. Cleaning will be made by the volunteers.

EXCHANGE DUTIES

The work is divided into cleaning and kitchen work: cleaning work, the volunteers will support to clean rooms, dining room and outdoors, and take the day the laundry. Kitchen work: prepare their own food, both breakfast and lunch (serve food to customers, collecting and cleaning cutlery and kitchen cleaning, including cold storages)







LOCAL AREA

The youth hostel is located in the north of Mallorca, in Alcúdia. This is a touristic town that offers variety of options due to its location surrounded by sea and mountain, also well-preserved old town.

In the Balearic Islands you can discover more than 370 beaches, stare at World Heritage Sites and try the culinary delights to be savoured during your visit. Tourism, culture, beaches, cuisine, sports, leisure activities, shopping, nature... Touristic information will be provided.





TRAVEL

The closest airport is International Airport Son San Joan, Palma de Mallorca

To reach the youth hostel, you must take a bus from the airport to the Estación Intermodal in Plaza de España (Palma de Mallorca), from the station, line 351 (Palma - Port d' Alcudia) or line 365 (Palma-Alcúdia), a when you arrive at the Alcúdia station the person in charge of the hostel will pick you up to the youth hostel. It is important to contact him by email to confirm arrival details.

ANY QUESTIONS?

Please, get in touch with your sending organisation.

Lug 2 Hostel (Lugo, Lugo, Galicia, Spain)

EXCHANGE PROGRAM / HI CONNECT

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel and health insurance (we advise that you purchase this before your visit) and personal spending money.

THE HOSTEL

The youth hostel is located 5 minutes from the city center and from the Miño riverside declared as a natural area of special interest. Its location makes the youth hostel an ideal place to enjoy the river and the beautiful Roman wall of Lugo. Besides its complete facilities make it an ideal place for meetings, courses, outside activities and others such as: snorkel, cycling, bike rental, games room, ping pong, pool, hiking or canoeing.

For participants: The maintenance includes three meals: breakfast, lunch and dinner. The 31 rooms of the youth hostel have different capacities:

- -Two individual rooms with private bathroom.
- -Three triple rooms with private bathroom.
- -Two quadruple rooms with private bathroom.
- -16 double rooms with shared bathroom each two rooms.
- -Eight triple rooms with shared bathroom each two rooms.





EXCHANGE DUTIES

The work is divided into cleaning and kitchen work: They are going to help our cleaning staff with the cleaning of the rooms, the dining room and outdoors and take the day laundry. Kitchen work: prepare their own food, both breakfast and lunch (serve food to customers, collecting and cleaning cutlery and kitchen cleaning, including cold storages).

Red Española de Albergues Juveniles (REAJ)

LOCAL AREA

Lugo was founded by the Romans with the name of Lucus Augusti. Lugo is the only city in the world to be surrounded by completely intact Roman Walls, the walk along the top is continuous round the circuit, and features ten gates. Besides the Roman Walls, the city offers: The Cathedral dedicated to St. Mary, convent and church of St. Francis, Palace of Arts, an interactive museum about the history of the city.



TRAVEL

Its nearest airport is the Airport of Santiago de Compostela, around 71 km to the youth hostel.

To reach the Youth Hostel, you can take a bus from the Airport to the bus station of Lugo. The bus station is located 10 minutes walking to our youth hostel. When you arrive to the station, a person in charge of the hostel will be waiting for you.

ANY QUESTIONS?

Please, get in touch with your sending organisation.





Alberg Sa Vinyeta (Ciutadella, Menorca, Belearic Islands Spain)

EXCHANGE PROGRAM / HI CONNECT

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- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel and health insurance (we advise that you purchase this before your visit) and personal spending money.

THE HOSTEL

Sa Vinyeta is the only youth hostel in Menorca. Located 10 minutes from city center of Ciutadella, in an old Payés (Balearic Countryside) House. It's a modern hostel, with a functional design where the traditional architecture of a reformed building and the new construction modules fit in perfectly, which allows to enjoy the most up to date concept of hostelling. The hostel offers spacious common areas with garden, terrace, dining room, a reading room and a picnic area outside, free parking and an area with free internet access and wifi.

The hostel offers to you: Room with capacity for two people with two beds, cupboard. Bathroom exclusively for participants. Meals: Breakfast, lunch and dinner. When there is no meal service in the hostel, the participants prepare their own food. On the other hand, when there is a meal service they will be offered the prepared food. Good working environment, native staff of the island that can guide you and help in everything you need.





EXCHANGE DUTIES

Participants will collaborate in various jobs, depending on their personal and professional profile. Anyway, and in order to make your stay pleasant and fruitful, our intention is to adapt and define the functions to be performed taking into account the preferences, skills and experience of the participants.

For example, the participants can support the cleaning service or collaborate with our staff in kitchen tasks, customer service, etc. Also, they can even collaborate in the preparation of activities carried out by groups of young people staying at the hostel or develop a project or schedule an activity for young people that can be carried out in the hostel.



LOCAL AREA

Menorca, in the Balearic Islands, is a peaceful, unique natural oasis, packed with contrasts to discover. It is a real paradise, washed by the Mediterranean Sea.

The island has 216 kilometers of highly varied coastline, from the rugged shores and reddish beaches of the north, to the gentle relief of the south, with golden sandy coves. There are many different options to enjoy sun and sea, whether on broad sandy beaches or at small coves surrounded by pine groves. They all have one thing in common, clean, crystal clear water. You can go sailing, windsurfing, water skiing and, of course, scuba diving here.

Menorca has the UNESCO Biosphere Reserve designation and a wealth of flora, fauna and landscapes. Outings on foot, by bike or on horseback, on the marked trails and routes, are a good way to get to know these beautiful surroundings. Another of Menorca's attractions is its archaeological and cultural heritage. Discover interesting monumental sites such as the historic old town of Ciudadela, prehistoric remains like the Naveta des Tudons Megalithic site, other prehistoric sites such as those at Mahón, and even small fishing villages that still conserve their ancient traditions.



We recommend visiting our wonderful island; we are sure that you will not be disappointed and that you will enjoy a fantastic experience.

TRAVEL

Menorca has just one airport located in Mahon, at the other end of the island, at a distance of 45 kilometers from Ciutadella.

To reach the youth hostel, you must take a bus from the airport to the town of Mahón, and then another bus from Mahón to Ciutadella. When you arrive to Ciutadella the person in charge of the hostel will pick you up at the same bus station. However, if possible, it will be attempted to pick up the participant at the same airport, depending on the day and time of arrival. It is very important that you inform us in advance of the arrival details.

ANY QUESTIONS?

Please, get in touch with your sending organisation.

You can also get in touch with REAJ contacto@reaj.com





Valle de Aisa Hostel

(Aisa, Huesca, Aragón, Spain)

EXCHANGE PROGRAM / HI CONNECT

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- ✓ The internship workweek is 25-35 hours in the host hostel (from 5 to 7 hours daily)
- ✓ The work will be distributed in 5 days per week (with 2 consecutive free days)

The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel, personal spending money, and health insurance (we advise you to purchase it before your visit).

THE HOSTEL

Our hostel is placed at the beginning of the Natural park "de los Valles Occiedentales" in a village called Aisa.

The hostel, in the heart of the Aragonese pyrenees, has bar, restaurant, terrace, guests dining and living room. The rooms have 2, 4, 6 and 8 people capacity.

Participants will share a double room in a shared house with other young workers. Breakfast, lunch are dinner are provided by us.



EXCHANGE DUTIES

Participants will help the staff by in the kitchen, the bar and the restaurant. They also will do housekeeping and will provide guests with touristic information to make sure they have a great time with us!





LOCAL AREA

Aisa is in the beginning of the Natural park "de los Valles Occiedentales", surrounded by mountains.

It is the perfect place for nature lovers with plenty of place to go hiking and activities in the nature





TRAVEL

The nearest airport is in Zaragoza. From there, there is a bus that goes to Jaca, where all participants will be picked up for us to go to Aisa.

ANY QUESTIONS?

Please, get in touch with your sending organisation.





Albergue Residencia Juvenil **ALTAMAR** (Vigo, Pontevedra, Galicia Spain)

EXCHANGE PROGRAM / HI CONNECT

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The cost of food and accommodation will be covered by the Hostel. The cost to participants is travel and health insurance (we advise you to purchase it before your visit).

THE HOSTEL

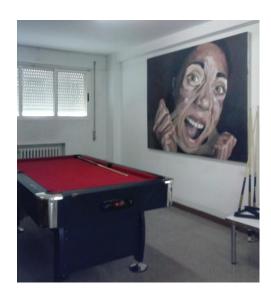
If you are looking for a nice rest, in a family and young environment, where you feel like at home.... It is your place.We are a hall of residency. One hundred university students are living here in the academic year. We stay in the heart of Vigo, with the nice Samil's beach at 1 km. Our bedrooms have a bunk bed(2 people), and the bathroom is shared between each 2 bedrooms (4 people). Free WIFI and a nice playground.

EXCHANGE DUTIES

We are a hall of residence in the academic year, with 104 university students. Our main objective inside the voluntary project is to improve the languages and cultures knowledge between our students. Specially English language. Then, the volunteers main task is to help our students with their language skills.

Also, volunteers go to be involved in the normal tasks of the hostel: reception in English language, cleaning staff, and waiters in the dining room...; if they like to work in the kitchen and have a Food hygiene course, they can. And, if they have special skills to develop in Altamar, they can. The working hours are between 3 and 4 hours per day, with free weekends and d bank days.







LOCAL AREA

You can visit the Cies Islands, the greatest treasure of the Ria de Vigo: An incredible Maritime Land, where the beach of Rhodes National Park, the best beach in the world, according to The Guardian. A paradise of pristine beaches and crystal clear waters, natural surroundings make it an observatory unique wildlife.

Also in Vigo, given its location on the coast, you can enjoy a wide variety of dishes based on seafood, as you walk through the so-called Cidade Vella, which has the status of tourist-historical interest.



Theodore Guye and James Hipkiss were participants in Exchange Program in Altamar Hostel ©



TRAVEL

The closest airports are Vigo, Santiago de Compostela, and Porto (Portugal).

Before they arrive in the airport, we contact the new voluntary by e-mail and, depend of the airport (Vigo, Santiago de Compostela, Porto) we send them ten more easy and cheap way to come to Altamar (urban buses and routes)

ANY QUESTIONS?

Please, get in touch with your sending organisation.





What about us? Albergs Costa Brava Pirineu de Girona (ACBPG)

In the Girona region we have very different landscapes like the thick forests of Sant Joan de les Abadesses, the great spaciousness of la Vall d'en Bas, the even lake of Banyoles and the inhospitable coves of Cap de Creus.

When we travel, we like to have new experiences, discover unique hideouts and live unforgettable sensations. But sometimes, travelling and living this kind of experiences is not easy, that's why we created Albergs Costa Brava Pirineu de Girona (ACBPG), to offer all this possibilities in many different places.

From each one of our hostels, you can cycle on the Via Verda (Green Way) in Sant Joan de les Abadesses, take a walk in la Vall d'en Bas, sail in the Banyoles lake or visit different coves by kayak in Llançà.

We are part of REAJ and Hostelling International.

These are our hostels and its location (north-east of Catalonia):



The more we know our environment, the more we love our land!

You can find out more information about the association in our website: http://www.albergscostabravapirineu.com/p/english.html



Our hostels

1. Alberg Ruta del Ferro

The hostel is located in a privileged environment and it has quality facilities to make your stay very comfortable. The hostel is integrated in the ancient rail station park, in a great amusement zone next to the Via Verda (the Green Way, a cycling line).

The Ripollès region has the most attractive historic and artistic heritage of all Catalonia, because its foundation began in this land.

The Alberg Ruta del Ferro is a quiet hostel with 84 beds in rooms of 4, 5 or 9 people. The hostel it's only 5 minutes away from the historic centre.

You can arrive by train from Barcelona Airport or ask the manager for the connecting transport from Girona Airport.

You can find out more information about the hostel in our website: www.santjoandelesabadesses.cat/index.php/l-alberg

You can find all the hostel facilities here:

http://www.santjoandelesabadesses.cat/index.php/serveis-i-equipaments

We also offer a lot of activities to our hosts: www.santjoandelesabadesses.cat/index.php/activitats-2

Stay tuned to our Facebook for the latest news! https://www.facebook.com/AlbergRuralDeLaRutaDelFerro



Contact us at:

Phone number: (+34) 972 72 04 95

E-mail adress: alberg@santjoandelesabadesses.cat



2. Alberg La Vall d'en Bas

The Vall d'en Bas hostel is a modern building located in an old military barrack in Sant Esteve d'en Bas. It is a modern facility with big and comfortable spaces. You can enjoy its terrace with impressive views to the Puigsacalm mountain, the surrounding mountain ranges and the valley.

In the hostel's surroundings there are a lot of farmlands and there are different sport activities to do.

The Vall d'en Bas Hostel is a quiet hostel with 55 beds in family rooms and dormitories for 4 or 5 people. The hostel is near Olot, the capital of the La Garrotxa region. It's next to the main street and it's 5 minutes from the historic centre and the town hall. You can arrive by train from Barcelona, Girona or Vic. In front of the Hostel there is a bus stop where you can take the bus to Olot.

You can find out more information about the hostel in our website: www.albergvallbas.cat



Contact us at:

Phone number: (+34) 972 69 07 94 E-mail adress: alberg@vallbas.cat



3. Alberg de Banyoles

Banyoles has special characteristics that make the town a place with great ecological, cultural and historic interest and a source of touristic, educational and leisure resources.

The hostel, which is located in the town centre of Banyoles, has 94 beds. The town is known for its natural environment and landscape, and especially for its lake. Banyoles has also a wide range of leisure activities related to the environment, guided tours, hiking routes, a mountain bike centre, kayak and boat hire service... It is a perfect place for sports stages where you can also do many activities around the lake.

In addition, it's only fifteen minutes from Girona and Besalú, and there is a bus from Girona-Olot to Barcelona every day.

You can find out more information about the hostel in our website: www.albergdebanyoles.com



Contact us at:

Phone number: (+34) 972 57 54 54

E-mail adress: info@albergdebanyoles.com



4. Alberg Costa Brava

The Costa Brava hostel is a friendly and quiet establishment thanks to its environment and its homely behaviour. The landscape is characterized by the "tramuntana" wind, the little coves, the coastal footpaths, its historic heritage, the art of fishing... It's the perfect combination of mountain and sea.

The Costa Brava Hostel has 62 beds in double rooms, family rooms and dormitories. The hostel is located in Llançà, next to the train station, 5 minutes away from the historic center and 10 minutes from the beach and harbour. You can arrive by train from Barcelona, Girona or from Perpignan airport.

You can find out more information about the hostel in our website: www.albergcostabrava.com



Contact us at:

Phone number: (+34) 972 38 03 84

E-mail adress: info@albergcostabrava.com



Cycling from Pyrenees to Costa Brava #EnjoyHostels

https://youtu.be/9B12PgLQ9Ks





Hi-Connect Programme

During your time with Albergs CBPG, you will be involved in all aspects of hostel life. You will be a valued member of the hostel team and you will be prepared to carry out all the duties you will be involved with. You will be closely supported by staff members and you will receive a through induction.

You are going to stay in a dormitory room in the hostel, individual if it's possible. You will have access to all hostel facilities.

The cost of food and accommodation will be covered by Albergs CBPG. You will be provided with 3 meals per day during the exchange. All the hostels also have local stores and supermarkets.

All hostels have free Wifi and good phone reception. You will be provided with bedding and towels almost in all the hostels (ask for it before your travel).

Participants must assume the cost of transport tickets, the health insurance as well as personal expenses.

This opportunity is a fantastic way to learn and apply skills in a supportive environment. You have to be reliable, enthusiastic and capable to carry out the different tasks at the hostel. It would be advantageous if you are used to travel abroad on your own.

Please note that you must be aged 18+ to participate in the programme.

We ask participants to have a medium level of English or Spanish.

For further information please get in touch with: centrecivic@santjoandelesabadesses.cat (Anna)